

BULLY SURVEY

Bullying Questionnaire: Before answering these questions, please be sure that you read and understand the definition of bullying. Teachers may need to read the definitions and questions to younger students.

Definition:

Ages 12 to 17, read this:

Bullying means when one person, or a group of persons, targets another person with repeated direct or indirect negative actions over a period of time which are harmful to the target either emotionally or physically. A negative action occurs when a person knowingly inflicts, or attempts to inflict, physical or emotional injury or discomfort upon another person.

Under 12, read this:

Bullying is when one child, or a group of children, keeps hurting another child with words or actions. Bullying may be hitting, shoving, kicking, name calling; playing dirty tricks, leaving out a child, spreading rumors or doing other mean things.

Bullying often, though not always, happens between students who are not friends. Sometimes bullying can happen just one time. Bullying happens when one person who has more physical or emotional power targets another person who has trouble defending himself or herself. Usually the person targeted becomes very upset.

Directions: Answer all the questions. Think about each question carefully. Fill in the blanks or circle the correct answer. Do NOT put your name on this survey.

Basis Information:

1. School: _____

2. Grade: _____

3. Teacher: _____

4. Date: _____

5. Age _____

6. Are you a girl or a boy?

- a. girl
- b. boy

7. Are you a special education student?

- a. yes

b. no

8. Do you have ADHD or ADD?

a. yes

b. no

c. I have been told that I might , but I have not been tested

d. I don't know

9. Do you take Ritalin or Adderall?

a. yes

b. no

c. I have taken it before, but don't anymore

d. I don't know

10. Do you take medicine for any other problem related to your feelings or behavior?

a. yes

b. no

c. I don't know

How safe you feel:

11. This is how often I feel **sad** at my school:

a. all the time

b. several times a day

c. once a day

d. several times a week

e. once a week or less

12. The teachers and other **adults** at my school are:

a. never helpful

b. hardly ever helpful

c. so-so

d. sometimes helpful

e. very helpful

13. This is how safe I feel in my **classroom**:

a. very unsafe and scared

b. kind of unsafe

c. so-so

d. kind of safe

e. very safe

14. This is how safe I feel on the **playground**:

a. very unsafe and scared

b. kind of unsafe

c. so-so

d. kind of safe

e. very safe

15. This is how safe I feel in the **cafeteria**:

- a. very unsafe and scared
- b. kind of unsafe
- c. so-so
- d. kind of safe
- e. very safe

16. This is how safe I feel going **to and from** school:

- a. very unsafe and scared
- b. kind of unsafe
- c. so-so
- d. kind of safe
- e. very safe

17. This is how safe I feel in the **bathroom**:

- a. very unsafe and scared
- b. kind of unsafe
- c. so-so
- d. kind of safe
- e. very safe

18. This is how safe I feel in the **hallways**:

- a. very unsafe and scared
- b. kind of unsafe
- c. so-so
- d. kind of safe
- e. very safe

19. This is how safe I feel in the **locker rooms**:

- a. very unsafe and scared
- b. kind of unsafe
- c. so-so
- d. kind of safe
- e. very safe
- f. don't have a locker room

20. This is how safe I feel on the **school bus**:

- a. very unsafe and scared
- b. kind of unsafe
- c. so-so
- d. kind of safe
- e. very safe
- f. don't ride a school bus

How others treat you

21. How often do other students bully you by laying their hands on you (**hit, kick, or push you or hurt your body**) in school or on the school bus:

- a. every day
- b. once or twice per week
- c. once or twice per month
- d. once or twice per year
- e. never

22. How often do other students bully you by saying mean things to you (things that **hurt your feelings**)?

- a. every day
- b. once or twice per week
- c. once or twice per month
- d. once or twice per year
- e. never

23. How often do other students bully you by making **sexual comments** to you that bother you? *for instance, commenting on your body, calling you gay, talking to you about sex etc.*

- a. every day
- b. once or twice per week
- c. once or twice per month
- d. once or twice per year
- e. never

24. How often do other students bully you by spreading **mean rumors** about you?

- a. every day
- b. once or twice per week
- c. once or twice per month
- d. once or twice per year
- e. never

25. How often do other students bully you by **leaving you out** of their activities to hurt your feelings at school or on the school bus?

- a. every day
- b. once or twice per week
- c. once or twice per month
- d. once or twice per year
- e. never

26. How often have you been bullied into giving up lunch money, food, drinks or snacks?

- a. every day
- b. once or twice per week
- c. once or twice per month
- d. once or twice per year
- e. never

27. Who has bullied you by saying mean things to you, teasing you, calling you names spreading rumors about you or leaving you out to be mean at school or on the school bus?

- a. both boy(s) and girl(s)
- b. several boys
- c. a boy

- d. several girls
- e. a girl
- f. an adult who works for the school
- g. nobody

28. Who has bullied you by laying hands on you (hitting, kicking, pushing or hurting your body) in school or on the school bus?

- a. both boy(s) and girl(s)
- b. several boys
- c. a boy
- d. several girls
- e. a girl
- f. an adult who works for the school
- g. nobody

29. In what grade is the student or students who bully you?

- a. I haven't been bullied
- b. in my class
- c. in the same grade as me, but in a different class
- d. in a lower grade
- e. in a higher grade

30. If you have been bullied this year, who have you told?

- a. I haven't been bullied
- b. my mother or father
- c. my sister or brother
- d. a teacher or other adult at school
- e. another kid at school
- f. nobody

31. If you have been bullied this year, who has tried to help you?

- a. I haven't been bullied
- b. my mother or father
- c. my sister or brother
- d. a teacher or other adult at school
- e. another kid at school
- f. nobody

32. How often do you spend recess or lunchtime alone because nobody wants to hang around with you?

- a. every day
- b. once or twice per week
- c. once or twice per month
- d. once or twice per year
- e. never

How you treat others:

33. How often do you bully others by laying your hands on them (hitting, kicking, pushing or otherwise hurting the bodies of other students) in school or on the school bus?

- a. every day
- b. once or twice per week
- c. once or twice per month
- d. once or twice per year
- e. never
- f. only if it's a fight

34. How often do you bully others by saying mean things, teasing or calling names to other students at your school or on the school bus?

- a. every day
- b. once or twice per week
- c. once or twice per month
- d. once or twice per year
- e. never

35. How often do you spread mean rumors or leave other students out of your activities to be mean?

- a. every day
- b. once or twice per week
- c. once or twice per month
- d. once or twice per year
- e. never

36. How often do you make sexual comments to other students who you know are likely to be bothered by it?

- a. every day
- b. once or twice per week
- c. once or twice per month
- d. once or twice per year
- e. never

What you have seen and heard:

37. How often have you **seen** another student bully others by laying hands on them (hitting, kicking, pushing or physically hurting) in the school or on the school bus?

- a. every day
- b. once or twice per week
- c. once or twice per month
- d. once or twice per year
- e. never

38. How often have you **heard** another student bully others by saying mean things, teasing or calling other students names in school or on the school bus?

- a. every day
- b. once or twice per week
- c. once or twice per month
- d. once or twice per year
- e. never

39. How often have you **heard** another student spread rumors or leave other students out of activities to be mean in school or on the school bus?

- a. every day
- b. once or twice per week
- c. once or twice per month
- d. once or twice per year
- e. never

40. How often have you **heard** another student bully others by making sexual comments to be mean to other students?

- a. every day
- b. once or twice per week
- c. once or twice per month
- d. once or twice per year
- e. never

How you reacted

41. What have you done when you have **seen** a student being hit, kicked, pushed, punched or otherwise physically hurt in school or on the bus?

- a. I have never seen another student being bullied
- b. I walked away and ignored it
- c. I stood and watched
- d. I helped the person who was being targeted
- e. I helped the bully
- f. laughed

42. What have you done when you have **heard** a student being teased or called names in school or on the school bus?

- a. I have never heard another student being bullied
- b. I walked away and ignored it
- c. I stood and watched
- d. I helped the person being bullied
- e. I helped the bully
- f. laughed

43. If you helped a target in a bully situation, how did you help?

- a. by telling an adult
- b. by later telling the target that you thought what the bully did was mean.
- c. by telling the bully to stop
- d. by going over and leading the target away
- e. other
- f. I didn't help

Gangs

44. I know of students in my school who are members of a gang (or wannabes)

- a. yes
- b. no

- c. wannabes, but not members
- d. we don't have gangs, just "popular" kids who control others

45. How much of a problem do you think gangs are in your school?

- a. a huge problem
- b. a big problem
- c. somewhat of a problem
- d. no problem at all

Conclusion

46. How much of a problem do you think bullying is in our school?

REMEMBER - Bullying is when one person or group of people keep hurting another person with words or actions.

- a. a huge problem
- b. a big problem
- c. somewhat of a problem
- d. no problem at all

If you wish, describe a particular incident of bullying in school that you witnessed or experienced (without using names) that you think others should know about, and that something should have been done about:

